

Toddler Parent Handbook

2025-2026

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#### Welcome

Welcome to La Jolla Montessori School! We strive to provide an exceptional early childhood educational program based upon Dr. Maria Montessori's principles of human and child development. At La Jolla Montessori School, we focus on the young child's primary goal of self-construction. Our curriculum creates opportunities for your child to develop his or her own will, self-control, concentration and intellect. Utilizing time-tested Montessori practices, our home-like environments engender self-esteem, independence and a sense of responsibility. We are honored that you have chosen our school to nurture, support, and love your child. Thank you.

### Overview of La Jolla Montessori School

Situated on the campus of the Beth-El Congregation, we also share our space with Beth Montessori School and the Montessori Institute of San Diego (an AMI training center). La Jolla Montessori School, however, has no affiliation with any religious orientation or organizations.

We currently enroll children ages 18 months to six years in mixed-aged classrooms. We follow Dr. Montessori's pedagogy to design classrooms that allow for children to experience maximum independence and movement throughout the day. Materials in our curriculum are child-sized, age appropriate, and made of natural materials. Our teachers prepare individualized lesson plans for <u>each</u> child and introduce new lessons to children in a one-on-one format. We offer a 5-day program for all Toddler children with half-day, full-day, and full-day with extended care options depending on availability.

Our year-long Toddler program serves children 18 months to three years and supports the youngest members of our community in learning how to feel safe and secure at school, how to explore a classroom environment, and how to independently use the toilet. For some children, this may be their first school experience. Children who complete our toddler program may enter the Primary environment at the age of 2 ½ to 3 years old and continue in the same environment through their Kindergarten year. Our Primary curriculum focuses on developing the young child's concentration, communication, problem-solving and sense of self. Our Primary teachers also support the young child in orienting to the traditional language and mathematics learning and the expectations of group learning school environments. We offer a 5-day program for all Primary students with a half-day option for children under the age of 4 years old.

### Admissions & Enrollment Policies

It is the policy of La Jolla Montessori School to admit students without regard to race, culture, color, creed, national and ethnic origin, gender/sex, religion, or ability/disability. In both staff hiring and student enrollment, we encourage diversity and inclusion.

Our program accepts children with special needs as long as we can provide a safe, supportive environment for the child to grow. We have expertise working in partnership with specialists (speech and learning pathologists, occupational therapists) to meet each child's needs. When we identify that a child has special medical or learning needs, our teachers will meet with parents / guardians to review the child's care requirements and create a learning plan. Consistent with our philosophy of providing the best and most relevant service, all admissions are on a trial basis. We reserve the right to observe and evaluate each child to see where they would best fit within our environment.

Tuition is due prior to the first of each month. La Jolla Montessori School will give a 30-day notification of any tuition changes. Similarly, we understand that modern-life often presents families with challenges such as relocation for work. We ask that if you need to leave LJMS for any reason, please give the school a 30-day written notice so that we may fill the spot in the classroom. Similarly,

for the safety of our children and staff, we need to make sure we have adequate staffing for our extended day program (EDP). If you need to modify your EDP schedule (i.e. later pick-up time), we ask that you please give us at least two weeks' notice to be sure we have the staff to support that change.

### Enrollment in the Extended Day Program

La Jolla Montessori School offers an Extended Day Program (EDP) after school to enrolled students. **Space is limited** as a function of the capacity of our playgrounds and staffing. The **prepaid** EDP rate is \$11 per hour. Parents may enroll in EDP services on either **a 3-day a week or 5-day a week plan** and pay for half-hour increments. EDP care is available until 5:30 pm; however there are fewer spaces available for the first hour (7:30 - 8: 30) and the last hour 4:30 - 5:30pm. Please fill out an EDP application/schedule to let us know your needs each month. (Monthly rates attached in the appendices.)

We have a limited number of **drop-in** spaces in our extended care - and can vary based on daily absences. Drop-in is available on a first-come, first-serve basis. We charge \$13.00 per hour (and any part thereof) for drop-in EDP. Please call the front office **24 hrs in advance** to check for the availability of drop-in EDP.

Our aftercare program is play-based and staffed by qualified early childhood teachers who assist our Montessori Guides during the school-day. Children have the opportunity to play on the playground for the entire time. We supplement free-play with constructive toys and arts and crafts activities. Each day, children are offered a healthy snack. LJMS keeps our kitchen stocked with fresh fruit (apples, bananas, oranges), cheeses, and crackers that teachers use for afternoon snack preparation materials. **Parents do not need to send their children with an afternoon snack.** However, children who stay until 5:30pm may want / need an additional, healthy snack in their lunchbox that we can offer around 4:30pm. Please label your child's EDP snack so that classroom teachers may encourage children to 'save it' for the afternoon.

Sample Extended Day Afternoon Snack Menu						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Fruit / Vegetable	Cucumber Slices	Half Banana	Apple Slices	Carrots Sticks	Raisins	
Grains / Cheese	Crackers with Cream Cheese	Graham Crackers	Half Cheese Stick and Crackers	Tortilla Chips and Ranch Dressing	Pretzels	

<sup>\*</sup> Snack served daily by 3:15pm. Children may also bring an additional, labeled snack from home and can also be invited to finish any uneaten items from their lunchbox.

We value outdoor play (time away from screens). Even when it rains, we still strive to provide children in the EDP program with outdoor play - though, for safety purposes, we may need to limit the number of children on the playground at a given time and may rotate groups to play. On rainy days, we use our outdoor patio for snack and crafts and classroom space for constructive play. We will try to get the children outside-time as long as it is not a heavy / steady rain. When it rains, please send your children with sturdy shoes and jackets - so that they may still play in the rain. If they get too wet, we can invite them to change into their spare set of clothes.

**Change of Clothes:** Extended care teachers may not have access to the spare clothes in your child's classroom. We need to keep at least TWO sets of spare clothes for your child in extended care. Please send two sets of spare clothes in labeled ziploc (or wet) bags. If your child has an accident (or gets wet from water work), the teachers will send home their soiled / wet clothes in the ziploc / wet bag. Please send back a replacement set the next day.

**Late Fees:** Please note we use the schedule you provide to make staffing decisions for our EDP program. We must keep a safe teacher-child ratio. Therefore, we will charge a late fee for picking up your child after the designated time. Our **late fee** is \$20 for the first 5 minutes and \$1 per minute thereafter. Late fees will be added to your next month's tuition bill. Recurring problems with late pick up times may result in parents being charged the additional half hour.

### **Toddler Classroom Guidelines & Procedures**

The overarching goals of the toddler program are to provide a trusting environment where young children can learn to separate from their parents, develop their capacity to care for themselves and their environment, develop their ability to communicate their interests and needs, and work on controlling and coordinating both their gross and fine motor movements. Dr. Montessori believed the 'work' of the child is exploration and play. Toddler classrooms afford the young child the freedom to explore and experiment in an environment that has been carefully prepared to meet the unique needs of this age. Our teachers believe in the inherent power of the young child's mind to effortlessly absorb language. For this reason, we also offer a bilingual immersion program in which one teacher speaks only in English (and provides English-language lessons) and another teacher speaks only in Spanish (and provides Spanish-language lessons).

Our toddler communities are mixed-aged and composed of children between 18 months and 3 years of age. There is a **6:1 child-teacher ratio** with no more than 16 children in the environment. The goal of this program is to provide the young child with a learning experience away from home and parents, in a home-like environment. Young children learn to feel safe away from their parents in the presence of loving guides, consistent routines, and interesting work. Teachers strive to foster each child's emerging independence, development of a healthy self-image, and a positive attitude toward learning. The Toddler program is often an introduction to the Montessori Method for both the parent and the child.

The Toddler curriculum is designed to support toddlers in learning how to care for themselves specifically with regard to separating from parents, using the toilet, and eating independently (or feeding themselves). During the two-hour 'work' period, children are offered individualized lessons to improve their movement, communication, and expression through developmental materials, art and music. The environment also supports the process of toilet learning with a secondary goal to master using the toilet independently. Guides work with children on learning how to be aware of the need to use the toilet and will prompt children proactively to support success. In the Toddler environment, a guide is always available in the bathroom to support the young child in learning how to dress and undress and use the toilet.

As the children 'work' together in the classroom, they are gently guided in a manner that enhances their innate sense of independence, order, and love of learning. Social skills are developed, as the children become active members of a loving community through real, purposeful experiences. In addition, students are introduced to Spanish as a second language. Toddler children will tentatively transition into the Primary program around their third birthday. The Toddler program lays the foundation for the Primary program.

# Toilet Learning in the Toddler Community

Dr. Montessori observed that, generally, the sensitive period for toilet learning begins around 18 months. During this time, we strive to begin the child's toilet education. The goal of toilet education is for your child to learn to use the toilet independently. This process requires both physical and psychological readiness. These signs not only involve longer periods of dryness and physical independence with taking pants on and off but also that a child is showing signs of awareness that she has to (or has already) urinate(d). Lastly, Montessori teachers look for signs that a child is becoming interested in toilet learning. When your child appears ready to begin toilet learning, our general process involves: preparing the home environment for the child to use that toilet, purchasing clothes that support toilet learning, initiating invitations to use the toilet at common elimination times (waking, eating, departing/returning home), using appropriate terms for parts of the body, toilet, and bodily waste, and teaching your child how to wash hands after. Parents will be notified when signs of readiness have been apparent in the classroom and urged to support this process at home.

We are happy to offer our support in the toilet training process. When your child is ready, we will recommend beginning the toileting process. This will involve setting up your home environment and sending them to school in underwear. Once a child is ready to begin toilet learning, we eliminate diapers. We do not use pull-ups during the day. We ask that parents bring in several pairs of training underwear. Throughout the day we will consistently invite, encourage, and remind the child to use the toilet. You'll be pleasantly surprised to find your child excitedly indicating when they need to use the toilet and learning how to pull down and up their pants! Learning to use the toilet affords the young child an immense sense of pride and confidence.

### Daily Reports

Throughout the day, teachers carefully track your child's quality of meal at snack and lunch, toilet use (time, type of movement, self-initiated or invited), amount of time napping, and any incidents (behavior or 'ouch reports'). This data will be shared with you in a daily report through the ProCare system. These reports are designed to inform and support parents with toilet learning, nutrition, and rest. Reports are entered by the teacher into our ProCare system during napt time and batched by the office around 1:30pm (half day) and 4:00pm (full day).

### **Dressing for Success**

We ask that you send your child to school dressed in comfortable, non-restrictive clothing. Our goal is to foster your child's sense of independence. If your child needs to ask for help in using the bathroom because of a complicated belt buckle or button, then they may get frustrated and feel dependent on an adult for help. **Please dress your child in pants with elastic waists and roomy shirts**. If your child prefers to wear dresses, we ask that they be short dresses (knee length) so the hem does not drag, get stepped on, or fall in the toilet.

In order to reduce plastic waste, parents are asked to purchase and label **two reusable wet bags** for sending home wet / soiled clothes. Please send your child to school with **4 changes of clothes** (shirt, pants, underwear and socks). Each item of clothing should be clearly labeled with your child's first and last name<sup>1</sup>. These clothes will be stored in a cubby that your child can access. Whenever your child's clothing has become wet, for any reason, he/she will be offered clean, dry clothes to change into from their classroom's supply. Wet and or soiled clothing will be sent home at the end of the day in a wet bag. For each set of clothes we send home, we ask that you please send back a fresh set. We are not responsible for unmarked clothing.

We also ask that you send your child with appropriate shoes. Our environments contain materials that are breakable (glass, ceramic). **Please send your child in closed-toed, comfortable shoes**. Ideally, shoes have solid tread to prevent slipping on the outdoor patios / playground. Sandals and Crocs are not permitted. In contemplating shoes for your child, we ask that you purchase shoes that they can put on and remove on their own. If your child is just entering our program, shoes should be fastened with Velcro. Around the age of 4, we begin teaching the children how to tie bows, we may ask that your child come to school in shoes with laces so that they may practice.

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<sup>&</sup>lt;sup>1</sup> Parents can label items on tags using a sharpie. Smaller items, or items without tags, can be labeled with your child's initials.

## **Nutrition: Community Snack and Lunch**

Dr. Montessori believed in the importance of food and food culture to the young child's development. During the work period, we help the young child develop a concept of healthy eating, healthy snacking through our practical life preparations and community snack traditions. Through the practice of community snacks and through practical life presentations, our Guides strive to introduce the children to many new fruits and vegetables so they may discover what they enjoy.

### Community Snack

Snack is an integral part of the day in a Montessori Toddler Classroom. LJMS keeps our kitchen stocked with bulk non-perishable items such as crackers, tortilla chips, pretzels, items for baking as well as cheeses that teachers use for snack preparation materials. Each week, families will rotate shopping for supplements to the community snack (fruits, vegetables, flowers). Supplements to the community snack can vary by class and will depend on the palates of the children in the community and their readiness to engage in more advanced food preparation (i.e. guacamole, making mini pizzas, etc.) Teachers will share the snack menu weekly. Parents who are concerned about their child not eating the snack offered (or not eating enough snack) may supplement with healthy options from home. Please label any item you wish the teachers to offer for snack.

**Bringing community snacks represents a type of parent involvement with our school**. We ask that you set aside time to go to the store with your child to pick out an arrangement of flowers and permit your child to pick out the different items on your list. Allowing your child to accompany you to the store to purchase the snack supplies will help enhance his/her sense of responsibility to the community. When it is your turn to bring a 'snack', **please be mindful of timely delivery**. We need snack items by 9am on Monday morning.

In the toddler environment, preparing and taking snacks is a type of 'work' we do together. Each day children work with teachers to prepare a 'baked' item in the toaster oven. Teachers also prepare trays for children to explore how to chop fruits and vegetables. And, just like any other work in the environment, there are limits (i.e. taking turns preparing snack, only a few children at a time to sit for snack, and limits to the quantity you can take). Our teachers work with children to develop self-control when taking turns as well as taking a 'reasonable portion' of snack. With 12+ children in the community, children may have to learn how to keep busy while waiting for a turn to take a snack. Our goal is to support children in learning to take snack independently (serving, eating, and cleaning up) at a designated snack table.

### <u>Lunch</u>

In the Toddler Community, one or two children of the older children will be invited to take turns to prepare the table for lunch daily. This involves arranging the tables and setting placemats, plates, glasses, silverware and napkins. Toddler teachers will place each child's food on their plate. During lunch, the teachers work with children on developing a concept of table manners (chewing with mouth closed, having a conversation at the table, cutting larger portions with a knife) and how to clean up at the end of the meal. Below are some notes to consider when planning lunch for their young child.

- La Jolla Montessori School is a **peanut and tree nut-free environment**. Nut-butters, in particular, are really dangerous in the preschool setting because the children have not yet developed the internal hygiene standards we need to ensure the safety of all children. Please do not send any nut-butter spreads (including Nutella).
  - We recommend alternatives, such as sunflower seed butter (sun-butter) or pumpkin seed butter, that taste similarly and can be spread on crackers and sandwiches. In the

past, we have found parents can make the switch to these alternatives and most children don't notice the change.

- We ask that you please pack a low fat, low sugar, and high protein lunch.
- Throughout the year, children will learn how to clean up after lunch; including opening containers to put back uneaten food. Some brands of food-storage containers are more child-friendly than others. Please be thoughtful about the containers you send for lunch. Smaller containers with a twist or snap or pull lids offer the young child opportunities to practice opening and closing as well as provide for the child to become independent in eating their lunch.
- **Please pre-cut food** for all children under the age of 5 years old into bite-sized portions. Smaller pieces offer the young child more opportunities to practice using utensils.
- Some foods, such as popcorn, represent choking hazards that cannot be served at school. We cannot serve children under the age of 5 years old whole grapes or grape tomatoes even if they are packed in their lunch.
  - If your child is under the age of 5 years old, we ask you to **please cut their grapes** (and any cherry/grape tomatoes) in half before sending them.
  - Similarly, if your child enjoys crunch carrots or hot dogs/sausages, please cut these in half lengthwise (to reduce the diameter) as they can also pose a choking hazard.
- Lunch needs to come ready to eat. If you would like your child to experience a hot meal, please send food warmed at home in insulated containers. **We do not have the means of reheating food in a microwave.**
- Please monitor the portion size and send a portion that the children will be able to finish.
- Please refrain from including a 'treat' to have after lunch. We try hard to communicate to the children that school is a place for eating healthy.

Finally, **breakfast** is a very important meal in the day and we ask that your child get some form of protein during breakfast as they are expending a lot of energy during our 3-hour work period. Fruit is also important as it is a complex carbohydrate and will last longer than the quick fix of pop tarts / cereal bars or other like items. We suggest eggs, whole grain breads or muffins, fruits, hot cereals, and yogurt as a good start to the day. These foods have "staying power" and your child will be happy to work all morning. Proper food will feed the brain, allowing it to function. If your child does not want to eat breakfast at home it is OK to send them to school with their breakfast.

### Napping at School

The State of California requires that any child under the age of four years old be brought to a napping area and be given an opportunity to sleep. A quiet environment will be provided for families who need an extended day for their Toddlers. We will provide a mat/cot for your child to rest. We ask that you send a small (crib-sized) sheet and blanket. Please make certain all items, including the nap bag, have your child's name on it. We are not responsible for unlabeled items. Nap items will be sent home on Fridays to be washed and must be returned by the following Monday. Items that are not sent home on Fridays are washed and will be placed in the lost and found.

Children are not required to sleep during nap-time. However, there are no alternate activities for children in our Toddler program. **Toddlers must demonstrate the ability to rest quietly during the nap period**. If the napping environment is not a good fit for your child, the teachers will work with the parents to try to support the child learning to settle and rest. However, if the child excessively cries or disturbs other children, for their own benefit and that of the other children, LJMS will re-assign them to a half-day schedule.

Toddlers who are enrolled for a full-day program are invited to sleep in a community of no more than 10 children inside their classroom. Children prepare for naps by using the toilet/changing clothes after lunch. Children are invited to lay down on a cot with a sheet in a quiet room. To help children adapt to the environment and to learn to put themselves to sleep, parents are encouraged to send them with a blanket to snuggle, if necessary Guides play soft music to help children calm down, and guides may rub their back gently. In general, we discourage sending additional comfort objects (i.e. stuffed animals/lovies') as children can become distressed if these items don't return home/don't come to school. If your child needs an additional comfort object, we recommend rotating different objects on a weekly basis.

It can take a young child several weeks to adapt to the nap room. During that time, he/she may not sleep much at school and come home tired and irritable. We ask for your patience and support during the transition. Most children adapt by about two weeks. We expect toddlers in the nap room to sleep or rest quietly for the entire period. If, after two weeks, your child does not seem to be adapting to napping in a community, we may schedule a conference to discuss the extent to which your child is ready for a full day with napping.

### **Items from Home**

All items must be labeled with the child's first and last name. This includes clothing, lunchboxes / water bottles, backpacks, and nap items. We are not responsible for items that are unlabeled that get lost. Unlabeled items will be kept in the lost and found in the upper office. Periodically, we will invite parents to search the lost and found.

We know that some children feel the need to bring things from home to school, whether for comfort reasons or just to share with friends. We do understand this need but have seen the unhappy consequences of allowing this: items can be lost, broken, or may be distracting to the learning environment. Too often the temptation to touch your child's favorite toy or animal will be too much for the other young children. And this will often cause the owner distress. Please avoid this by **leaving all cherished items at home or in the car.** We often remind children that they need to be ready to give their friends "a turn" with the item if they bring it to the classroom. **For safety reasons, we cannot permit the children to wear jewelry of any kind as they present risks of choking and cutting off circulation**.

### **Birthdays Celebrations**

In Montessori schools, birthday celebrations represent the child's introduction to history and time. These celebrations help to ground the child in time and space. In the Toddler classroom, birthday celebrations contain two parts. The first part involves telling the story of the child's life. The week prior to the celebration, we ask that you prepare a brief biography and 1-2 photographs for each year of your child's life (i.e. first words, favorite toys, special trips). Don't worry, we send home a packet that guides you through the whole process.

Then, on the day of the celebration, your child's teachers will gather the children together to tell the story of your child's life. The children sing "Happy Birthday" in both English and Spanish. The teacher will light a 'birthday candle' for your child to blow out. Birthday celebrations at LJMS are classroom community events only. Parents may request the teachers or administrative assistants take photos and are invited to observe from the windows.

The last part of the celebration is optional. We invite your child to bring a gift for the class. This gift will remain in the class as a reminder of the celebration / passage of time. We encourage parents to choose the gift with their child. Gifts might include a favorite book (non-fiction or realistic fiction only), a beautiful small vase or object that can be polished, or a carefully chosen plant is always appreciated. Children also have the option of sharing a special, healthy snack at lunchtime. Children are invited to serve their friends a healthy snack as part of their birthday celebration (often after lunch). **No cakes/cupcakes with frosting, please**. If you are interested in bringing a snack to share, please let your teachers know ahead of time. They will alert you to any potential food allergies in your class.

Finally, we ask that you please do not send party invitations for "out-of-school" birthday celebrations - especially when the whole class is not invited. We recommend using Evite and will provide email addresses as needed.

# **Transition to Primary**

We anticipate children in our Toddler program will transition into the Primary program around their third birthday. It is possible that this transition may occur earlier should the child show developmental readiness, be completely toilet trained, and with parent support. Children between 30 to 36 months old may be asked to stay in the Toddler program for developmental maturation before going to a Primary classroom (Please see Frequently Ask Questions: Transitions to Primary in the appendices.)

We require all parents to observe the Primary environments before their child makes the transition. Parents may observe, unobtrusively from the one-way windows. Observation, attending Parent Education events, and consulting with your child's guides will provide you with valuable information and insight about LJMS's whole Montessori program and how it meets the developmental needs of your child from 3 to 6 years old. Children who are three-years old benefit from being in the mixed age classroom: observing how the older children work and interact with each other. Families are asked to commit to staying for the full three-year Primary program.

## **Understanding Pushing, Hitting, Scratching & Biting**

Conflict between young children is complex. Young children who react by pushing / hitting / scratching / biting, in general, do not understand that they are hurting the other child. For this reason, teachers must closely monitor and redirect any child who is hitting, pushing, or biting. They may push or hit another child to get something they want or to 'get away' from a child in their space.

Toddlers are still in the process of acquiring language to meet their own needs. They often view their mouth as a tool for solving problems and may bite as a way to cope with frustration, anxiety or anger. From the young child's perspective, pushing, hitting, and biting are often effective strategies to get attention, cope with feelings of being crowded, and express anger. But, these behaviors are a type of 'misbehavior' that can present danger to the teachers and other children in the class. As educators, our task is to help develop all children's capacities to resolve conflicts in a peaceful way.

If your child is involved in an incident of pushing / hitting / scratching / biting, the teachers will notify you via an incident report and may follow up with a phone call. This report will offer clues as to what preceded the incident and how the teachers' responded to the incident. Dr. Montessori believed that children 'misbehaved' when the demands of the environment (social or physical) exceed the child's capacity. Thus, teachers will work with families to observe and modify the environment and to offer the child alternative strategies and language for coping with frustration.

We have a set of procedures for responding to biting incidents at school that are designed to help us to identify why children are biting and to provide or identify outside sources of support. Our protocol involves: documentation, increasing proximity and blocking, offering language and alternate coping strategies, inviting parents to observe, and making referrals to specialists as needed (see Appendices). We will work with families to both protect children from getting hurt during conflict but also support the child who is reacting with these behaviors.

However, in order to protect all children in the classroom, repeated incidences of these behaviors cannot be tolerated at LJMS. If a second instance of biting occurs, teachers will schedule a meeting with the child's family, the teachers, and the director to discuss how we can work together as a team to eliminate the child's need to bite. Repeated biting, despite interventions, may signal the child is not ready to be enrolled in a formal schooling setting and may result in a child being dismissed.

# **Attendance, Arrival, and Departure**

### Student Attendance Policy

There are no transportation services provided by La Jolla Montessori School. *School attendance is required five (5) days a week, except for holidays. Please see the school calendar for details.* Dr. Montessori found through her observations that children have a great need for order. It is very important that your child comes to school every day that they are well so that they will feel more comfortable as they are familiar and happy within their environment. In respecting this need of the child we would like to stress the importance of your consistent and prompt arrival to school every day that your child is well.

Late arrival and early departure can be disruptive for children and classrooms. Children need firm consistency and repetition to help them define the boundaries and limits of their home and school environments. Each classroom has a morning routine that involves greeting the children, assisting them to put away their belongings, inviting them to the bathroom (toileting / diaper check), and washing their hands. The teachers wait to begin new lessons until the class has arrived and is settled. Children who are late are more likely to be greeted by support staff (not their teacher).

**Arriving on-time represents a type of parent involvement with our school.** If you are having a hard time getting your child out the door in the mornings, please see the Director as she has many helpful ideas. At 9:00am our support staff begin their in-classroom duties. Parents who arrive after 9:00am are required to park and may need to wait until staff are available to greet and receive your child.

### **Arrival and Departure Information**

We share our beautiful campus with the Congregation of Beth-El community, Beth Montessori, and the Montessori Institute of San Diego (an AMI training center). In order to facilitate safe arrival and departure for children and the smooth flow of traffic, we have a one-way driveway, use two entrances, and follow a staggered arrival and departure schedule. In order to respect our neighbors, we need to do our best to have compassionate but expedient transitions to and from school. **Please drive slowly when on campus**. Your attention in this matter is greatly appreciated.

We have three active drop-off / pick-up Gates with three spaces available. Please pull forward to the first available space. Some families have multiple children and have their car seats on the passenger side. For the safety of our staff and children, **please avoid passing while teachers are unloading children**. If LJMS staff see that the line is getting backed up, they may pause drop off to allow cars to pass.

Dolphin Room (Gate 1 / Gate 2), Jellyfish & Octopus Rooms (Gate 3):

School starts promptly at 8:30.

Please drop your child off at Gate 1 between 8:30 and 8:45.

Half-Day Program Toddler pick-up at Gate 2 & Gate 3 is between 12:15-12:30.

The Full-Day Program Toddler pick-up at Gate 1 & Gate 3 is between 2:45 and 3:00.

Montessori schools strive to develop the young child's sense of independence. We believe all children are capable of walking into the school by themselves (or with a friend or teacher). Your emotions at drop-off communicate to your child how you feel about them going to school. Please make your goodbyes **cheerful and brief**. If you show hesitation, then the child may feel that this isn't a safe or fun place and could feel anxiety. We want school to be a wonderful experience for each child and you can help in many ways.

In order to expedite drop off, we ask parents to **please remain in your car**. A teacher or staff will approach the car, say good morning, and welcome your child. They will unbuckle your child and help them down from the car. Teachers will do their best not to rush your child out of the car. However, some children need more time to transition into the building. In this case, teachers may carry them safely inside the Gate where they sit on the step / grass, wait for a friend or chat until they are ready to walk on their own into their classroom.

If you prefer to walk down the steps, **please do not carry your child.** Carrying them can convey a dependent message and will discourage children from feeling independence. Allow for enough time for them to explore the steps (count, collect leaves). Teach your child to be careful when crossing the driveway. **Please insist that they hold your hand and look both ways.** Be sure to make eye contact with the driver before crossing. Once inside the Gate offer them a hug or high five.

Remember that even when you love your work, there can be days when it can be difficult to get up and go to work. Children have these same feelings about school. They may love their school, their teachers, their friends, and their work - and still have days when they find it hard to go to school. On these days, they may cry or say they don't want to go to school. Dr. Montessori believed it was important to honor the child's feelings while at the same time maintaining consistency and routine. At La Jolla Montessori, we do our best to help children process their feelings so that they can move on with having a productive day. Please do not worry if your child is crying when you leave. Most children stop crying by the time they reach the classroom. Others stop crying once they are greeted by their teacher and their teacher can guide them towards "work that helps them feel better." We will always call parents if any child cries in a way that is inconsolable. And, you can always call us back to check in if it was a rough morning at home.

When it is time to pick your child up, you will need to exit your car and walk up to the Gate to retrieve your child. **Teachers are not permitted by law to buckle children into their car seats**. In order to facilitate the line, please do not exit your car until you are in one of the designated spots. It will be tempting to chat with the teachers, but please remember the other parents waiting in line behind you. If you have questions or want to briefly discuss something with the teachers, we ask that you park at the top of La Jolla Scenic Drive and walk down the stairs. When walking back to your car, **please insist that your child holds your hand**. We have many families needing to pick up siblings from other schools. We need arrival and drop-off to be quick and efficient.

Lastly, we conduct health checks upon arrival. Any child who appears to staff to show signs of fever / illness may be excluded from class and will have to be taken home.

## Procare Sign-In and Sign-Out Policies

The State of California mandates that parents / authorized guardians must sign in and out their children. Our school must keep a record of when the child arrived at school, if they transitioned to our extended day program, and when you picked them up. In order to facilitate this record-keeping and to provide parents with a tool for communicating with their child's teacher about changes to drop off / pick up, we have adopted the Procare automated system.

To use Procare for communication with the teachers, parents must download the Procare App to their phones. Procare App can be used with iPhones or android phones. Parents who do not want to download the App to their phone must still create a Procare account. Parents will receive an invitation to create an account. Once they create an account, they will be given a unique 4-digit pin that can be used for sign-in / sign-out. Procedures for sign-in / sign-out:

- <u>Using the App on your phone.</u> When you arrive on campus, open the Procare App. Go to the 'Sign-In' icon on the bottom.
  - Ideally, the App will use your GPS to tell that you have arrived at school and will display your child / children's names. Tap their names, and use your finger to sign them in.
    - There is a place to put a note to the teacher but we ask that you are conscious of the line behind you. Please avoid holding up the line to send a note to the teacher. Once you drive down the hill, you can pull into the parking lot at Beth-El and send a note.
  - In the event that the GPS does not recognize that you are on campus, the teachers will have a QR code that you can scan. This QR code will 'activate' the sign-in process and display your child / children's names. Tap their names, and use your finger to sign them in.
- <u>Using the Parent Kiosk</u>. Each gate, the teachers can use their phones as a 'kiosk' for signing the children in / out. To sign your children in/out you or your authorized pick up MUST know your unique four-digit pin number.
  - Teachers will type in your pin number. The App will display your child / children's names. Tap their names, and use your finger to sign them in / out.
  - o If you forget to bring your phone, teachers must ask you to sign out on their device.

We will not allow your child to go home with anyone who is not on your emergency card. Please notify the school in writing via ProCare if someone other than you will be picking up your child. Please include a phone number for the individual so we may reach them in the event we need to contact them about your child becoming ill or they arrive late to pick up your child.

Please keep your emergency contact list updated. If you need to make a change, contact the office via phone or e-mail with the name and contact phone number of the new authorized individual. Anyone on your emergency list picking up your child must have their ID ready to show the teachers every time.

- Teachers at each gate will have a mobile device that can be used as a 'kiosk' for signing children out. Any individuals signing out children will need to know the unique 4-digit pin associated with your family's account. They will be asked to type in the pin. The App will display your child / children's names. Tap their names, and use your finger to sign them out.
  - Alternate caregivers will need to show a form or picture identification to receive your child. At times, we have floating assistant teachers who help with pick-up, they may not know your regular caregiver. Every time someone other than yourself picks up your child, please remind them they could be asked for their identification.

# **Health and Wellness Policies**

# School and State Mandated Wellness Policies

La Jolla Montessori School requires that you **KEEP YOUR CHILD HOME** or we will send them home if we notice **signs of illness** such as:

<u>Symptoms</u>	Children May Not Return to School Until
Fever of 100 or above	Their temperature has returned to normal for at least 24 hours without the aid of fever-reducing medication. You may be required to submit a negative Covid test.
Covid / Cold / Flu Symptoms	They have a negative Covid test, a note from a physician confirming they are not contagious, when thick mucus is no longer draining from the nose, coughing has subsided, and energy returned.  NOTE: Thick yellow or green mucus from the nose, cough, and lethargy are
	signs a child is fighting an infection. Children over 2 years old may be asked to wear a mask if coughing is persistent.
	They have a negative Covid test, a note from a physician confirming they are not contagious, symptoms have subsided for at least 24 hours <u>and</u> your child has returned to normal eating with no stomach upset.
Diarrhea/Vomiting	NOTE: Loose stools and vomiting can be a sign that a child is fighting an infection.
Sore Throat /	They have a negative Covid test, a note from a physician confirming they are not contagious, the child has been on antibiotics for 24 hours, or symptoms have subsided.
Painful Earache	NOTE: Sore throat could be a sign of the Strep bacteria.
Red Weepy Eyes	They have a note from a physician confirming they do not have bacterial conjunctivitis, or your child has been on antibiotic drops for 24 hours, or eyes are now clear.
/Discharging Eyes	NOTE: Some forms of conjunctivitis are more dangerous than others.
Dock (i.e. Force	They have a note from a physician confirming they are not contagious, the rash is not spreading, itching and / or discomfort has disappeared (to prevent outbreaks in the classroom).
Rash (i.e. Face, Mouth, Hand, Feet)	NOTE: Some rashes are associated with common contagious illnesses.
Head Lice, Scabies	They have been treated with lice shampoo and <i>all nits have been removed</i> from their hair. The child's skin has been treated for bites and for 24 hours and the rash has subsided.

### Daily Health Evaluation

Upon arrival, staff will evaluate each child's health and wellness. Teachers can not allow sick, or potentially ill, children in the classroom. Teachers will look for signs like runny noses, cough, rashes on cheeks, etc... We know that your time is valuable, and taking time off work is costly, but we ask you to think about your impact on the classroom community. At this age, children do not yet have the hygiene standards to avoid infecting others. They are still learning how to cough / sneeze in their arm, use tissues and blow their nose, avoid touching their eyes, and wash their hands. We work with the children daily on these hygiene standards. But one child with mild symptoms can infect an entire class.

Should your child **become ill while at school**, your child will be isolated in the office and we will immediately call to notify you. Children with a fever, diarrhea, vomiting, and / or lethargy will be sent home. If we ask that you or someone authorized on your list arrive at the office to pick your child up within 30 minutes of the call. If there is a disagreement with the teacher's or office's decision to send the child home, it is the parent's responsibility to provide verification from a healthcare professional stating that the child is not contagious and is well enough to take part in the program. Please contact the office regarding the most recent Covid Policies from the county / State.

We are required by the State of California to keep track of all absences and illnesses. Please contact the office if your child will miss school and if they are staying home sick. Please let us know if your child is diagnosed with a **contagious disease** such as: Covid-19, chicken pox, pertussis (whooping cough), mumps, measles, strep throat, pinworms, hand-foot-mouth disease (HFMD), impetigo, conjunctivitis, or head lice. We are required by law to keep records of incidents and outbreaks of contagious diseases. Additionally, if your child has suffered a more serious injury (broken/fractured bone, reactive bee sting, concussion, etc.) at home, please contact the Director before arriving at school to provide specific guidelines for returning to school safely.

Lastly, if your child needs to stay indoors because of severe outdoor allergies, it may be best to keep them home until the allergens in the environment subside. Each of our classrooms has an outdoor patio area for practical life work and we take the children outdoors to play each day. It is very difficult to keep <u>one</u> child inside while the others are all outside.

### Medical Emergency Plans

La Jolla Montessori School does not discriminate on the basis of special needs. When we identify that a child has special medical needs, our teachers will meet with parents / guardians to review the child's care requirements and create a medical plan. These plans will provide clear guidelines for how staff should prevent and respond in the event of a medical emergency.

If your child requires an Epi-Pen for an allergy, please be sure your Pediatrician indicates as such on the Physician's report and bring two (2) Epi-Pens to the front office <u>before</u> the first day of school. We will keep one in the classroom's first aid kit and one in the EDP room's first aid kit. Please bring all relevant paperwork from your doctor to be included.

### Medication and Medical Emergencies

We do not have a nurse and are not allowed to give medication to the children. In general, if your child must use medication during school hours (i.e. antibiotics when recovering from an infection) you must bring it to the office at the appointed time and administer it yourself. We will call the child to the office for their medication.

Exceptions may be made under certain circumstances (i.e. inhalers, EpiPens, etc...); please see the Director for more information if needed. <u>Please</u> do not send medicine (including cough drops) in lunch boxes, as other children will have access to it.

It is very important to completely fill out your emergency information paperwork so that the staff can contact you in the event of an emergency. If your child has a medical or dental emergency, we will first call the necessary emergency services and then contact the parents. If a child needs to go to the hospital, a staff member will accompany them if a parent is not available. The staff will stay with the child until the parent has arrived.

# **Campus Safety and Security**

Our school benefits from many of the security measures put in place by the Congregation Beth El. In addition to gates that restrict vehicle and pedestrian access to campus, both of our buildings are surrounded by 8' security fences that remain closed and locked throughout the school day. We also have an on-site security guard who monitors the 50+ cameras on campus. Nevertheless, because of our proximity to USCD and the UTC commercial area, we do from time to time receive alerts about security issues in the area. In each case our goal is to be as transparent and reassuring as possible with parents about how we are responding to safety and security events. To balance the need for safety and security with the need to maintain a sense of normalcy and a peaceful environment for the children, three have three different kinds of alerts you might receive though Procare:

### Alert One: "Gates are Closed"

This alert on ProCare means that we have received an alert from the larger community (which includes downtown La Jolla, UCSD, Gillman shops and UTC Westfield). These alerts can be vague and do not pose any immediate threat to the campus. Nevertheless, if needed, we will send an administrator to supervise the traffic coming on campus from the La Jolla Scenic Gate. Our on site security guard will then monitor the Gillman gate. *The school will continue with normal operations*. Your child is not likely to know anything unusual happened at school.

### "Dear parents,

We have received an alert from the community about a possible security issue in the area. At this time, out of an abundance of caution, we are closing our gates to ensure the safety of all students and staff. If you were on your way to campus, we kindly ask that you wait an additional 30 minutes before coming to pick up your children, or until we receive confirmation that it is safe to reopen the gates. We apologize for the inconvenience and thank you for your understanding and cooperation"

### Alert Two: "Shelter in Place"

This alert on ProCare means that we have received a specific alert from the nearby community. These alerts will be very specific about an immediate threat to the campus. For the safety of the children and staff, we must bring everyone indoors. The school will continue with modified operations; we work as if it is a 'rainy-day, indoor playtime'.

#### "Dear parents,

We have received an alert from the community about a threat to our immediate community. At this time, out of an abundance of caution, we are sheltering in place to ensure the safety of all students and staff. Please do not come to campus until we receive an all clear. The children are indoors and we will not be opening the pedestrian or car gates."

These moments can be very scary. But it is important to remember that the safety of the children is our top priority and that our campus is built for security. It is also important to remember that our teachers prioritize the mental well being of the children. They will be doing the hard work of protecting our children from the anxiety these situations can cause. Your primary age child <u>may know</u> something unusual happened at school if this happens during a time when they usually go out to play. "What we will be telling them is that there is a problem on the playground and it is not safe to play

there right now. We have to wait until it is safe." On the other hand, they may be so excited to play with the constructive toys (trains, magnatiles, legos, fuse beads etc.) that they may not be aware.

### **Alert Three: "Threat on Campus"**

We hope and pray that we never have to give this alert. Nevertheless, we live in a time when it is important to prepare for these safety issues. During our summer professional development week, we practice lock-down drills with staff. This alert on ProCare means that we have been told by someone on campus that there is an unsafe individual on campus. For the safety of the children and staff, we must bring the children indoors to the safest area of each classroom where we gather quietly together. The school and all gates onto campus are closed. Do not come to campus. We must silence our devices until police arrive and secure the campus.

"Dear parents,

We have been told there is an unsafe individual on campus. Children and staff are indoors. We must cease all communication until the situation is safe. Please do not come to campus until we receive an all clear."

### Fire and Earthquake Preparedness

The State of California requires that we are prepared to respond to natural disasters such as earthquake and fire safety. Three times of year (Fall, Spring, Summer) we practice fire and earthquake drills with the children. In the event of an earthquake or fire alert in the buildings, we first evacuate the buildings, take attendance, await first responders, and determine the extent to which we can continue with a normal school day. All families are required to prepare an emergency kit that we keep on campus in the event that our buildings are determined to be 'unsafe' and we need to await parents coming to campus to pick up their child. **These emergency packs are called our "Hugs from Home" kits.** These kits are meant to provide children with both emotional comfort (a photo of family, loving words in a card, a favorite book etc) and physical comfort (an emergency blanket to keep them warm, snacks to keep them from experiencing hunger). We keep these emergency kits in weather proof bins outside of the buildings along with our emergency water supply.

In the event of a fire emergency near campus, we would first determine the level of threat anticipating it may take parents up to an hour to get back to campus. Fires can move quickly and be unpredictable. So, out of an abundance of caution, we may decide to evacuate campus for the safety and security of all children and staff. Evacuation procedures include:

- Alerting parents via ProCare of the need to evacuate.
- Determining how long we can remain on campus for parents to pick up their child from campus.
- Moving children to a safe on-campus pick up location (either at the top of La Jolla Scenic or the bottom of Gillman Dr.)
- If necessary, moving children in staff vehicles to a safe off-campus pick up location.
- If necessary, moving children in staff vehicles to an evacuation site as determined by SDFD.

# **Parent Communication and Participation**

### School Communication

At La Jolla Montessori School we value parents as our partners in helping each child to fully realize their potential. We communicate with parents in a variety of ways:

- <u>Daily Procare Access</u>: Open and ongoing communication with all our families is of the utmost importance to us. The Procare App provides parents with access to send and receive information from their child's teachers. Messages from parents go directly to the teachers' 'dashboard' where they can respond to any guestions or concerns parents have.
  - There are two different 'chats' available in ProCare. The office chat is only visible to administrators (teachers cannot see posts in the office chat). The classroom chat is visible to parents, teachers, and the office. Parents should generally use the 'classroom chat' to communicate with the office and teachers. The office will use the 'office chat' for all school communications.
- Weekly Updates and Snack Menu: Each week, your teachers will share with you insights on Dr.
  Montessori's theory, how the Montessori curriculum is unfolding in your classroom or emerging
  research in child development. They may attach articles and various resources to help provide
  insight into the curriculum and your child's mindset.
- Monthly School-Wide Newsletters: We begin each month with a School-Wide newsletter that
  updates parents on important dates and events happening that month as well as sends out
  health and safety reminders.
- <u>School Conferences</u>: We conduct Parent-Teacher conferences twice per school year in order to keep you updated on your child's progress. Prior to converences *These conferences are* required for all parents at La Jolla Montessori School and are crucial to your child's success.
- <u>Classroom Photo Sharing</u>: Each classroom maintains a photo-sharing website: Google Photos. Only parents in the classroom community have access to the website. Once a month, teachers will upload photos they have taken of children working in the environment.
- <u>Parent Education Events</u>: We offer different types of events for parents and caregivers to learn more about Dr. Montessori's approach to early childhood education. Some events are hosted by the Director with the teachers' support. Other events are hosted by the classroom teachers. Space for these events is limited and parents will be asked to sign up to attend.
- <u>Parent Involvement Activities</u>: Three times during the year, we offer parent involvement activities. These activities are hosted by the classroom teacher, in the classroom, during normal school hours or after school. These events permit parents to socialize with their children (*Picnic with a Parent* and *Granola with a Guardian*) or to observe how their children use materials (*Give your Parent a Lesson*).
- <u>Parent Volunteering Opportunities</u>: We need parent support to build a strong sense of school community. Each year, we seek parents who are interested in helping to organize three community events (*Fall Festivities, Silent Auction and Art Show Fundraiser, and End of Year Picnic*) and two classroom-level fundraisers (*Small Hands by Montessori Services and Usborne Book Fair*).

### **Guidelines for Effective Teacher Communication**

When the children are on campus, our number one priority is to be physically, emotionally and intellectually present in our interactions with them. For this reason, our school policy is for teachers to refrain from responding to questions or concerns submitted via Procare. Instead, we ask teachers to scan their messages prior to the start of the day (7:30-8:00 am) to note important messages from parents regarding schedule changes. Then, at the end of the day, we ask that teachers respond to parent communications. Our teachers stay until 3:30 each day.

If you need to speak with your teacher immediately you may call the office to leave a message. We will ask the teacher to call you back after their morning-break, during nap, or after school. Sometimes things happening outside of school can make for a tough day for the child at school. For example, the arrival of exciting visitors or difficulties sleeping. An effective way to alert your teacher to changes / challenges at home is to send a handwritten note to school with your child or call the office / send a note to the office that we can print out and share

Finally, it is important to note that the **teachers are not available to discuss your child's day at arrival or dismissal.** During this time, the teachers are striving to set a positive tone for the day when greeting the children or saying goodbye to the children. Time at dropoff and arrival is also quite limited; as we are striving to make the process efficient for parents who are going to work / dropping off siblings or taking children to extracurricular activities. Teachers are not going to be the most effective listeners or communicators at this time because they will feel the combined 'pressures' of talking to you in front of your child and the demand of the 'line'.

Our teachers have devoted their lives to supporting the development of young children. Our guides have the equivalent of Master-level training in early childhood development and Montessori pedagogy. They work hard to ensure the safety and well-being of your children each and every day. Parents observed speaking disrespectfully or aggressively to any staff member may be dismissed from campus.

### **Parent Observations**

The best way to understand your child's work at La Jolla Montessori School is to come to observe their work in the classroom! We offer parents a variety of different ways to observe the classroom:

- Schedule Time at the Observation Window
- Required Observations prior to Parent Conferences
- Give Your Parent a Lesson Event (Primary Program)

What can I expect to see when I observe? Dr. Montessori observed (and we still see today) that our world, our society is made for adults. Nearly everything the child comes into contact with inside and outside the home is adult-sized. In contrast, a Montessori environment is created solely for the children. Every single thing is selected and designed with the child in mind. The pictures are hung at the child's eye level. The lamps, chairs, tables, shelves and materials are all made specifically for children. All of the materials are made from natural, not plastic; they are real wood, glass and metal objects just like adults use. You can begin to see what a wonderful sanctuary this is for children! That is why Dr. Montessori called her school the "Children's House".

The children come to understand quite quickly that this is <u>their</u> place. When new adults enter <u>their</u> environment they can become unsettled / uncomfortable. Observing at the 'privacy window' ensures that you are viewing the children in their 'natural state' in the classroom environment.

It is important to note that the State of California protects your rights as a parent to inspect their child's classroom unannounced. For our Toddler program, we still ask parents to observe from the windows to minimize disruption. A reasonable inspection lasts for 20-30 minutes. If you require a longer observation, we can follow up with scheduling a time to observe and then meet with the teachers.

### A Montessori Perspective on Parent Involvement

At La Jolla Montessori School, parent involvement takes many forms:

- supporting an on-time and upbeat arrival each morning
- sending your child with healthy lunch
- participating in community snacks
- observing your child in the classroom setting (2x a year)
- attending parent conferences
- partnering with your child's teachers to support their adaptation to the classroom
- assisting with material preparation
- volunteering with gardening or 'spring cleaning'
- volunteering to help plan and offer Community Events (i.e. Fall Festival, End of Year Celebration).

Sometimes, parents are disappointed that we do not, as a practice, invite parents to serve as daily or weekly volunteers in the classroom. This is a more common practice for elementary-aged children. Dr. Montessori, however, viewed a critical milestone of young children was to achieve physical, emotional and intellectual independence. She observed that young children may struggle to achieve this independence when they are constantly worrying about their parents 'leaving'. She observed children had the most success when they were able to adapt to a predictable routine of parents departing (i.e. to go to work) and returning (at either a half-day or full-day program dismissal).

### <u>Grievance Policy</u>

There may be times when you and your child's teacher disagree. If you are having a problem with any aspect of the classroom, then we ask that they first meet with their child's teacher to discuss the issue. Teachers may request time to observe the child, make modifications to the environment, and meet with you again. If the issue cannot be resolved, then you may request a meeting with the teachers and the Director. Again, the Director may request time to observe the child, make additional modifications to the environment, and meet with you again. If you are still not satisfied with the process and/or the Director's decision, we ask that you please notify the Director in writing. Parents should follow the same procedure if unsatisfied with a policy or program at La Jolla Montessori School.

### Statement Regarding Smoking, Drugs, and Alcohol on Campus

SMOKING, DRUGS OR ALCOHOL ARE NOT PERMITTED ON CAMPUS AT ANY TIME.

### No Solicitation Policy

Occasionally, LJMS may participate in a 'selling' fundraiser (i.e. Small Hands Fundraiser from Montessori Services or an Usborne Book Fair). However, beyond these planned fundraisers, there is NO soliciting permitted on the premises. Any contact information shared with parents via classroom rosters are for personal use only and may not be used for solicitation unless previously approved by the LJMS Administration.

# **Appendices**

# **Appendix 1: 2025-2026 Tuition and Fee Schedule**



Date	Tuition and Fees			
June 12, 2025	Summer Session 1 Tuition Due			
July 18, 2025	Summer Session 2 Tuition Due			
August 25, 2025	2nd Tuition Installment Due; Annual Tuition Option Due in order to receive a 5% discount for paying yearly in advance.			
September 25, 2025	3rd Tuition Installment Due			
October 24, 2025	4th Tuition Installment Due			
November 25, 2025	5th Tuition Installment Due. The 'December Tuition' Installment is the same amount, regardless of the length of the school days in the month.			
December 19, 2025	6th Tuition Installment Due (last full school day prior to Winter Break).			
January 23, 2026	7th Tuition Installment Due; \$400 Enrollment & Materials Fee for 2025-2026 Due.			
February 25, 2026	8th Tuition Installment Due; \$300 Summer Enrollment Deposit Due for re-enrolling children.			
March 25, 2026	9th Tuition Installment Due			
April 24, 2026	10th Tuition Installment Tuition Due			
May 25, 2026	1st Tuition Installment for June 2026 Tuition (deposit is non-refundable) Due. Reserves your enrollment for September 2026. The 'June Tuition' Installment is the same amount, regardless of the length of the school days in the month.			
June 18, 2026	Summer Session 1 Tuition Due (\$300 Summer Deposit is credited)			
July 24, 2026	Summer Session 2 Tuition Due			
August 25, 2026	2nd Tuition Installment Due; Annual Tuition Option Due in order to receive a 5% discount for paying yearly in advance.			

Mail: 8745 La Jolla Scenic Drive North San Diego, CA 92037

Email: info@lajollamontessorischool.com

### **Frequently Asked Enrollment Questions: Enrollment**

#### 1: When are the tuition installments due?

Tuition Installments are due on the 25<sup>th</sup> of each previous month. A \$25 late fee will be assessed weekly if La Jolla Montessori School does not receive payment by the 1<sup>st</sup> of the month. Late fee payments are due upon receipt of a statement. Application fees are due with an application.

**Plan A** – Annual – Single payment of complete school year, less 5%. This annual payment is payable any time before August  $25^{th}$ .

**Plan B** –*Monthly Installments* – The annual tuition listed above can be broken into 10 <u>equal</u> installments. Monthly Installments begin August 25<sup>th</sup> and are due on the 25th of every month through April 25th. **These payments are the same amount each month regardless of the length of each month and are non-refundable.** *There will be no tuition payment for June 2025 due on May 25, 2025.* **Please refer to "2024-2025 Tuition Installment and Fee Schedule" on the last page.** 

#### 2: What discounts does La Jolla Montessori School offer?

LJMS offers a 5% discount for the younger sibling(s) of a child currently enrolled at the school. La Jolla Montessori School offers a 5% discount to Parents that pay the school year in advance. This discount is not offered beyond September 25<sup>th</sup>.

### 3: What if I need to withdraw my child from La Jolla Montessori School during the school year?

In order to terminate the enrollment contract without penalty, parents / guardians must give LJMS a 30-day notice that you will be leaving the school. Parents are responsible for tuition 30-day from the notice to leave. Additionally, the June 2025 deposit is <u>non-refundable</u>.

### 4: What if I prepay the year of tuition and need to withdraw my child?

In order to terminate the enrollment contract without penalty, parents / guardians must give LJMS a 30-day notice that you will be leaving the school. Parents who prepay will receive a prorated tuition refund. The refund will be calculated from 30 days of your withdrawal date to the end of the school year, less the June 2025 installment.

#### 5: What if my child does not attend school for any period during the school year?

La Jolla Montessori School's tuition is an annual tuition divided into 10 equal installments regardless of attendance. You are responsible for paying each tuition installment on the due date as per your agreement.

### 6: How does tuition for the Summer Sessions work?

In February, we will open up registration for Summer Session 1 and Summer Session 2. Both sessions are five weeks long. Summer affords our staff an opportunity to take time off and travel. To accommodate staff time off, LJMS reserves the right to limit class size. In order to staff these sessions, parents must reserve a placement for each session with a deposit that goes towards summer tuition. Summer tuition is offered at the same monthly rate as the annual school year. However, parents who enroll their child in a summer session agree to pay for the <u>entire five week session</u> - even if they are not attending for all five weeks. Children who re-enroll for Fall or who have a sibling that is re-enrolling have priority in the summer.

## **Appendix 2: 2025-2026 Monthly EDP Rates and Fees (no change)**



# Extended Day Program Hours & Rates - Monthly (19 and 12 Days avg.) 2024-2025 School Year

Primary				Hours Per	Day			
Days Per Week	2:30-3:00	2:30-3:30	2:30-4:00	2:30-4:30	2:30-5:00	2:30-5:30	AM Day Care	AM & PM
5 Days	\$105	\$209	\$314	\$418	\$523	\$627	(7:30-8:15) \$157	7:30am-5:30pm \$705
3 Days	\$66	\$132	\$198	\$264	\$330	\$396	\$99	\$446

Toddler				Hours Per	Day			
Days Per Week		3:00-3:30	3:00-4:00	3:00-4:30	3:00-5:00	3:00-5:30	AM Day Care (7:30-8:30)	AM & PM 7:30am-5:30pm
5 Days	23	\$105	\$209	\$314	\$418	\$523	\$209	\$627
3 Days	22	\$66	\$132	\$198	\$264	\$330	\$132	\$396

Afternoon EDP is only available for Full-Day children; EDP space is limited and based on availability.

Please fill out the EDP Request Form if you need to change your child's Extended Day care needs.

We will need to receive this form at least 1 week ahead of time or you will be charged for your original program.

"Drop-in" EDP is on an as-needed/emergency basis only and is subject to availability.

The charge for Drop-in EDP is \$13.00 per hour or any part thereof. Please call to reserve your space in EDP.

Late pick up fees are \$20 for the first 5 minutes and \$1/minute thereafter. We staff according to the parent's needs.

When you arrive late to pick up your child, that may cause us to go over ratio if we haven't planned on having your child in EDP at that time. This rate will go up to \$25 for the first 5 minutes and \$1/minute thereafter at 5:30pm.

If you arrive after 5:30pm your child will be waiting in the office and your account will be charged a fee.

### <u>Appendix 3: Toddler Biting\* Incident Prevention and Response</u>

- \* Note: While <u>biting is still considered a typical reaction for children ages three and under</u> to deploy when feeling crowded or threatened, it is not an adaptive response. It is our responsibility as a school to do our best to prevent, observe, and respond to biting in a way that teaches children to solve problems in a more adaptive way. We follow this same protocol for other reactive behaviors such as pushing, hitting, scratching.
  - 1. We try to prevent biting incidents:
    - Most common cause of biting is crowding: two or more children close together. Try to prevent crowding, especially in the play structures.
    - The second most common cause of biting is overstimulation: one child is overstimulated by the sounds / movements of another child (loud crying can be a big trigger).
    - The third most common cause of biting is speech delay; a child cannot communicate that they need space, want a turn etc.
  - 2. We take a developmental approach to responding to a biting incident:
    - When biting happens, separate the children and talk with <u>each</u> child. Both children need guidance and language to resolve the problem.
      - Make a connection: "I see that you wanted.....
      - Set the limit: "Our teeth are for eating. You hurt..."
      - Offer language: "We use our words. Next time say...."
      - We emphasize the importance of getting a teacher for help.
  - 3. We recognize biting is emotional for parents. Both sets of parents need to receive a call before pick up:
    - If it is the first biting incident, a teacher or Holly can call.
    - Teacher notify the office: We've had a biting incident and someone will come get information to make the call / or cover so a teacher can call.
      - Holly will need to know:
        - Where the bite happened and why
        - Where the bite is on the child's body and if it broke the skin
        - How the child is coping
    - If it is a repeated biting incident, Heather needs to call the family.
      - Admin will meet with the teachers at the end of the day to formulate a plan. The classroom teachers will follow up with a phone call to parents.
  - 4. We document all instances of biting. Both children need to have a written incident report.
    - The incident report should contain this information:
      - Where the bite happened and why
      - Where the bite is on the child's body and if it broke the skin
      - How you calmed the child
      - What language you offered the child
      - (If the child who was bitten; what you told the other child).
      - If there is a plan to observe / separate moving forward
  - 5. We respond with a series of Interventions to repeated biting incidents:
    - After the second biting incident, we need a plan in place to prevent biting.
      - Is it a sensory issue? Does the child need a chew necklace?
      - What are the triggers? How can we build capacity?
      - Where and when are the incidents happening? How do we increase adult proximity for blocking?

- Do we need separate areas for play?
- Do we need to consider whether we need to change the hours in extended care?
- After a third biting incident, we need to respond by increasing adult presence and asking questions about whether the child needs a referral for specialized support:
  - Speech Therapy / Occupational Therapy
  - Do we need to talk with parents about a shadow?
  - Do we need to consider whether we need to change the classroom placement?
- After a fourth biting incident we need to make a change to the classroom placement.
   We will consult with parents to make the best decision for both the child and the classrooms:
  - Move the child who is biting? If parents do not want to change placement, ask parents to supply or pay for a shadow.
  - Move the child who is getting bitten? (When their behavior may be triggering other children)

Sources: Biting Hurts! (April, 2024). *Care Courses: Distance Learning for Early Childhood Professionals.* The Care Courses School, Inc., P.O. Box 10526, McLean, Virginia 2210. https://www.carecourses.com/courses/322

### **Frequently Asked Questions: Transition to Primary**

### Q: How do you know when a toddler is ready to transition to primary?

**A:** We anticipate children will transition near their third birthday.

- These are the criteria for transitioning to primary
  - Child is able to communicate needs (to adults and peers)
  - Child understands the process of toileting
  - Child is showing the beginning of a 'Work Cycle'
- The Child has had the opportunity to serve as the oldest child in the class. Older children play an important role in modeling the work cycle for younger children. They also tend to serve in a helper role to the teachers and the younger children. This opportunity is laying the foundation for the later development of leadership skills

### Q: How do you decide which classroom is the best for my child?

**A:** Curating Montessori classrooms can be a bit like assembling a complicated puzzle. Because we value mixed age classrooms, we cap the total number of 3-year old children in each classroom. We also strive to balance gender and strive to have native Spanish speaking families in each classroom. And, as a general education that values inclusion, we aim to limit the number of children being evaluated or receiving support for developmental delays to no more than 20%.

We work closely with the toddler teachers to understand the strengths and growth areas for each child. We strive to transition toddlers with one 'friend' either from their toddler classroom or from EDP. Because we transition toddlers throughout the year, there are often already children who are 4-6 months older in the classroom who they may know. Our Primary program is a 3-year curriculum. Toddler teachers also let us know if there are any pairs of children that should not be placed together.

#### Q: What is the process for the transition?

**A:** Transitioning toddlers happens internally. Once we have decided the child is ready to transition, we invite the Primary classroom teachers to observe the child working in their toddler room. The teachers can then arrange to meet if they want to discuss any concerns they have about the child's transition. Next we coordinate transition weeks with both classrooms and send out a note inviting parents to observe the new classroom and meet with the Director. During this meeting we discuss the tenets of the Primary program and the three-year curriculum.

The week we begin the transition, children are invited for a series of visits that stretch their time in the Primary classroom and give them an opportunity to begin forming a relationship with their new teachers:

- 1st visit: 30 minutes with toddler guide
- 2nd visit: 1hr (include snack) toddler quide leaves when child is comfortable
- 3rd visit: 2hrs (includes group time) Primary guides will determine if child is ready for lunch or playground.
- 4th visit: 3 hrs (includes either lunch or playtime)
- 5th visit: half day
- Following week, if Primary Guides think the child is ready, we will try full day with nap. If not, the child can continue to do another week of half day and return to nap in their toddler classroom.
- During the second week of the transition, the EDP teachers will arrange visits to the Primary playground when the playground is calm and there are teachers to closely supervise.

### Q: What are the differences between Toddler and Primary?

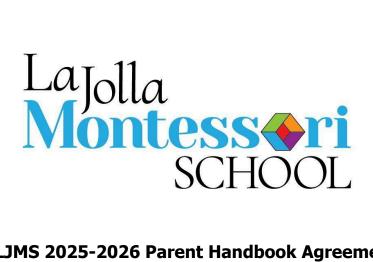
**A:** There are differences your child will experience and there are differences you, as a parent will experience (see handout for pedagogical differences)

#### **Differences for the Child**

- Go from being oldest to the youngest
- Older children to observe
- Bigger room / More advanced materials / Larger playground
- Longer work period
- Limits: Must wait for a lesson before using the material
- Door on the toilet
- Must ask for help / give permission for wiping
- Require to rest but not required to sleep
- Shorter rest period

### **Changes for Parents**

- Change in arrival / pick up time (earlier)
- May be a change in arrival / pick up gate
- Primary teachers are not required to keep daily reports
- Change in how we prepare snack
- New relationships with teachers who may work differently than your toddler teachers.



# LJMS 2025-2026 Parent Handbook Agreement

Please print, sign, and return this sheet to the LJMS office within two weeks of your start date. If you have any questions, you may address them with the office at that time.

I,, have re <i>Parent/Guardian</i>	ad and understand the information outlined in the
La Jolla Montessori School Parent Hai	ndbook. By signing below, I agree to follow the policies
and procedures described in the Hand	dbook.
Signature Parent/Guardian	Date:
Signature	Date: